Welcome to our Lunch Cafe

9/1/2021 - 9/3/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Great SAMERICAN SANGWICH CO.					
Miss RUBY'S GRILL					
CUCINA					
World Sta					
Healthy HARVEST					
Frait &					



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the

App Store or Google Play, and view your menu on your mobile device anywhere.

very. All functions flictude a fliest of meat alternate, enhance or flavored milk & a grain. ****Consuming raw or under lfish or eggs may increase your risk of food borne illness, al conditions. Menu is subject to change, notice posted











Welcome to our Lunch Cafe

9/6/2021 - 9/10/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Great SAMERICAN SAMERICAN				Turkey & Cheese Sandwich Ham & Cheese Sandwich	Turkey & Cheese Sandwich Ham & Cheese Sandwich P
Miss RUBY'S				Classic Beef Burger beef burger on a freshly toasted bun O Cheeseburger Oven Baked Fries	Classic Beef Burger beef burger on a freshly toasted bun O Cheeseburger Oven Baked Fries
10 CUCINA				Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp 🊱	Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp
World * **				Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house
Healthy	CDA	NAND CO		Carrot Sticks Fresh Grapes Diced Pear Cup	Celery Romaine Lettuce Diced Peach Cup Fresh Apple
Trait star EXPRESS	ORG PAR W/FI PEAI UNC CHE	# AND GO ANIC YOGURT FAIT FUIT & GRANOLA FUT BUTTER & JELLY RUSTABLE W/ ESE STICK & CKERS			
	CNA			ASSORTED FRESH I OPTIONS AVAILAB	



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The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year. Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery. All lunches include a meat or meat alternate, choice of fruit, choice of vegetable, choice of 1%, fat free or flavored milk & a grain. ****Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted WHITSONS when available. This institution is an equal opportunity provider.











Welcome to our Lunch Cafe

9/13/2021 - 9/17/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Great SAMERICAN	Ham & Cheese Sandwich P Turkey & Cheese Sandwich	Ham & Cheese Sandwich P Turkey & Cheese Sandwich	Ham & Cheese Sandwich p Turkey & Cheese Sandwich		Turkey & Cheese Sandwich Ham & Cheese Sandwich
	Classic Beef Burger	Classic Beef Burger	Classic Beef Burger		Classic Beef Burger
Miss RUBY'S	beef burger on a freshly toasted bun & Cheeseburger Oven Baked Fries	beef burger on a freshly toasted bun Cheeseburger Oven Baked Fries	beef burger on a freshly toasted bun (>> Cheeseburger Oven Baked Fries		beef burger on a freshly toasted bun & Cheeseburger Oven Baked Fries
acucina Cucina	Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp	Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp	Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp		Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp
World Total	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house		Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house
Healthy	Potato Wedges Fresh Grapes Diced Pear Cup	Baby Carrots Fresh Baby Carrots Fresh Red Delicious Apple Diced Pear Cup	Cucumber Coins Carrot Sticks Cinnamon Applesauce Fresh Peaches		Carrot Sticks Romaine Lettuce Diced Peach Cup Fresh Apple
Frait 🖘			GRAB AND GO ORGANIC YOGURT F W/FRUIT & GRANOL PEANUT BUTTER & J	A	
EXPRESS'			UNCRUSTABLE W/ CHEESE STICK & CRA		
				FRU	ORTED FRESH IT OPTIONS ILABLE DAILY
	nly Rooted® in food and fam	St. Navi Assessa and S		ach for all students attending	

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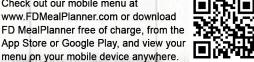
Welcome to our Lunch Cafe

9/20/2021 - 9/24/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Great SAMERICAN	Turkey & Cheese Sandwich Ham & Cheese Sandwich p	Ham & Cheese Sandwich (2) Turkey & Cheese Sandwich	Turkey & Cheese Sandwich Ham & Cheese Sandwich P	Ham & Cheese Sandwich P Turkey & Cheese Sandwich	Ham & Cheese Sandwich P Turkey & Cheese Sandwich
Miss RUBY'S	Classic Beef Burger beef burger on a freshly toasted bun (%) Cheeseburger Oven Baked Fries	Classic Beef Burger beef burger on a freshly toasted bun (5) Cheeseburger Oven Baked Fries	Classic Beef Burger beef burger on a freshly toasted bun (%) Cheeseburger Oven Baked Fries	Classic Beef Burger beef burger on a freshly toasted bun (%) Cheeseburger Oven Baked Fries	Classic Beef Burger beef burger on a freshly toasted bun (5) Cheeseburger Oven Baked Fries
cucina Cucina	Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp 🊱 🤔	Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp 🚱 🤔	Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp 🊱 🤔	Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp 🊱 🤔	Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp
World 5	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house
Healthy	Potato Wedges Fresh Grapes Diced Pear Cup	Carrot Sticks Diced Pear Cup Fresh Banana	Carrot Sticks Romaine Lettuce Fresh Orange Sliced Pears	Pinto Beans Pinto Beans Fresh Apple Pineapple Cup	Cucumber Coins Romaine Lettuce Diced Peach Cup Fresh Apple
Frait Arts		ORG PARI	B AND GO ANIC YOGURT FAIT RUIT & GRANOLA		
EXPRESS'	PEANUT BUTTER & JELLY UNDRUSTABLE W/APPLE CHEESE STICK &				
	ASSORTED FRESH FR OPTIONS AVAILABLE DAILY	JIT			



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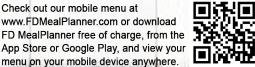
Welcome to our Lunch Cafe

9/27/2021 - 9/30/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Great SAMERICAN	Ham & Cheese Sandwich P Turkey & Cheese Sandwich	Turkey & Cheese Sandwich Ham & Cheese Sandwich	Turkey & Cheese Sandwich Ham & Cheese Sandwich	Turkey & Cheese Sandwich Ham & Cheese Sandwich	
Miss RUBY'S	Classic Beef Burger beef burger on a freshly toasted bun (**) Cheeseburger Oven Baked Fries	Classic Beef Burger beef burger on a freshly toasted bun (**) Cheeseburger Oven Baked Fries	Classic Beef Burger beef burger on a freshly toasted bun Cheeseburger Oven Baked Fries	Classic Beef Burger beef burger on a freshly toasted bun Cheeseburger Oven Baked Fries	
No.					
da CUCINA	Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp 🊱 🤔	Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp 🚱 🤔	Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp	Cheese Pizza fresh pizza dough layered with tomato sauce, topped with cheese and baked until crisp 🚱 🤔	
World TA	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	Crispy Chicken Sandwich warm crispy breaded chicken on a bun prepared in-house	
Healthy	Potato Wedges Fresh Grapes Diced Pear Cup	Carrot Sticks Diced Pear Cup Fresh Banana	Cucumber Coins Carrot Sticks Fresh Grapes Fresh Orange	Pinto Beans Pinto Beans Fresh Apple Sliced Peaches	
Frait & Shap EXPRESS			W/FRUIT & PEANUT B UNCRUST/	OGURT PARFAIT GRANOLA JTTER & JELLY BLE W/APPLE	
	CHEESE STICK & CRACKERS				
	ASSORTED FRESH FRUIT OPTIONS AVAILABLE DAILY				
	А				
White are in Circumstance	ply Rooted [®] in food and fam	The USDA has	pproved FREE breakfast and lur		A STATE OF THE STA



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