



Welcome to our Breakfast Cafe

Morris School District Elementary

May
2021

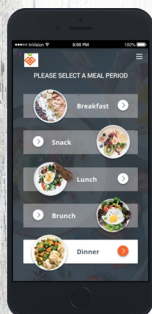
The USDA has approved FREE breakfast and lunch for all students for schools on the NSLP/SBP for the 2020-2021 school year. Meals are approved to be served for in person and virtual learners. Please inquire with your schools district office to see if your school is participating.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Strawberry Nutri-Grain Bar Graham Crackers 100% Apple Juice Fresh Pear 1% Milk	4 WG Blueberry Muffin 100% Juice Fruit Punch Fresh Apple 1% Milk	5 Fruity Cheerios Cereal Graham Crackers Fresh Orange Apple Cherry 100% Juice 1% Milk	6 WG Chocolate Chip Muffin Fresh Pear 100% Apple Juice 1% Milk	7 Red. Sugar Froot Loops Cereal Fresh Apple Graham Crackers 100% Orange Juice Blend 1% Milk
10 Golden Grahams Cereal Graham Crackers Fresh Apple 100% Orange Juice Blend 1% Milk	11 WG Banana Muffin 100% Apple Juice Fresh Pear 1% Milk	12 Apple Cinnamon Cheerios Cereal Graham Crackers Fresh Apple 100% Orange Juice Blend 1% Milk	13 WG Blueberry Muffin 100% Apple Juice Fresh Pear 1% Milk	14 Strawberry Nutri-Grain Bar Graham Crackers Fresh Apple 100% Orange Juice Blend 1% Milk
17 Strawberry Nutri-Grain Bar Fresh Apple 100% Orange Juice Blend 1% Milk	18 WG Chocolate Chip Muffin 100% Apple Juice Plums 1% Milk	19 Red. Sugar Apple Jacks Cereal Graham Crackers Fresh Pear 100% Orange Juice Blend 1% Milk	20 WG Banana Muffin 100% Apple Juice Fresh Orange 1% Milk	21 Rice Krispies Cereal Graham Crackers 100% Apple Juice Fresh Apple 1% Milk
24 Fruity Cheerios Cereal Graham Crackers 100% Apple Juice Fresh Pear 1% Milk	25 WG Blueberry Muffin Fresh Orange 100% Apple Juice 1% Milk	26 Apple Cinnamon Cheerios Cereal Graham Crackers Fresh Pear 100% Orange Juice Blend 1% Milk	27 WG Chocolate Chip Muffin Fresh Orange 100% Apple Juice 1% Milk	28 Red. Sugar Froot Loops Cereal Graham Crackers Fresh Apple 100% Orange Juice Blend 1% Milk

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FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



We are Simply Rooted® in food and family and our menus are nutritious and flavorful. Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



All Breakfast Includes Grain, Fresh Fruit, 100% Fruit Juice & 1% milk
THERE IS NO CHARGE FOR BREAKFAST AT THIS TIME PLEASE LET YOUR TEACHER KNOW IF YOU WOULD LIKE TO TAKE HOME BREAKFAST

GRAB & GO BREAKFAST AVAILABLE AND SENT HOME DAILY W/ LUNCH@ NO CHARGE FOR ALL STUDENTS
VIRTUAL STUDENTS CAN PICK UP BREAKFAST AND LUNCH AS FOLLOWS:
Check District Notifications for Locations and Times
Pick up includes weekend meals

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.

